



*The point of Care Ultrasonography in Family Medicine*  
**Basic principles of Thyroid Ultrasonography in the current medical practice and modern assessment of diffuse and focal pathology,**

OCTOBER 4-5th, 2019  
 BRASOV, ROMANIA

EUVEKUS - Center for Ultrasonographic Studies - SC. Liamed SRL,  
 Bdv. Grivitei nr. A8, Brasov-500182, Romania.



<i>Time</i>	<i>Durati ion</i>	<i>Theme:</i>	<i>Method:</i>	<i>Lecturers:</i>
<b>8-9</b>	<b>60'</b>	<b>Registration of the participants</b>	Registration of the participants	<b>EUVEKUS</b>
<b>9-9.10</b>	<b>10'</b>	<b>Welcome message</b>	Short introduction.	<b>Liamed Company</b>
<b>9.10-9.20</b>	<b>10'</b>	<b>The European Ultrasound Working Group in Family Medicine EUVEKUS / EADUS / AEDUS – SHORT PRESENTATION.</b>	Short introduction. Lecture. General discussion. Practice examples.	<b>Dr. Mihai IACOB – EUVEKUS President.</b>
<b>9.20-10.00</b>	<b>40'</b>	<b>1. The PoC- US applications- The basic ultrasound diagnosis in abdominal pathology – an efficient tool diagnosis for the family physicians practice.</b>	Short introduction. Lecture. General discussion. Practice examples.	<b>Dr. Mihai IACOB</b>
<b>10.00-10.15</b>	<b>15'</b>	<b>Coffee break. Presentation about Liamed.</b>	<b>Coffee break.</b>	
<b>10.15-11.15</b>	<b>60'</b>	<b>2. Basic Level - The Point of Care Ultrasonography (PoC-US) in Family-Medicine= „The Clinical Ultrasonography” Presentation of how to perform the ultrasound examination. Standard sections and plans of the abdominal ultrasound.</b>	Lecture. General discussion. Practice examples.	<b>Dr. Mihai IACOB</b>
<b>11.15-11.30</b>	<b>15'</b>	<b>Coffee break. Presentation about Liamed.</b>	<b>Coffee break.</b>	
<b>11.30-12.00</b>	<b>30'</b>	<b>3. Where to check for free fluid and gas? FAST Exam – Focused Abdominal Sonography in Trauma.</b>	Lecture Practice examples General discussion	<b>Dr. Mihai IACOB</b>
<b>12.00-12.30</b>	<b>30'</b>	<b>4. The Point of care ultrasonography (POC-US) in family medicine - present and perspectives. Results of a European Survey released in the research networks in primary care (EGPRN, EURACT, WONCA) regarding the Point of Care Ultrasonography applications in the Family Medicine. Different applications usable in primary care.</b>	Lecture Practice examples General discussion	<b>Dr. Mihai IACOB</b>
<b>12.30-13.30</b>	<b>60'</b>	<b>Lunch break.</b>	<b>Lunch break.</b>	



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13.30-15.30	90'	<p><b>5. Hands-On Session.</b>                  Six work units on Sonoscape Devices.                  Each participant will put his/her hand on the ultrasound probes and will execute standard sections and plans at the abdominal and pelvic levels.</p> 	Hands On Session, Practice examples, General discussion. Group discussion, Completing ultrasonographic forms - Online. Debates.	<p><b>Dr. Mihai IACOB</b></p> <p><b>Dr. Dana STOIAN</b></p>
15.30-16.30	30'	<p><b>6. Contribution and limitations of general clinical ultrasound (POC-US applications) in the evaluation of abdominal pain syndrome in outpatient practice.</b></p>	Lecture Practice examples General discussion	<p><b>Dr. Mihai IACOB</b></p>
16.30-17.00	30'	<p><b>7. Oncological ultrasound screening in medical practice - between myth and reality.</b></p>	Lecture Practice examples General discussion	<p><b>Dr. Mihai IACOB</b></p>
17.00-17.10	10'	<p><b>Coffee break. Presentation about Liamed</b></p>	<p><b>Coffee break.</b></p>	
17.10-18.10	60'	<p><b>8. Hands-On Session.</b>                  Six work units on Sonoscape Devices.                  Each participant will put his/her hand on the ultrasound probe and will execute standard sections and plans at the abdominal and pelvic levels.</p> 	Hands On Session, Practice examples, General discussion. Group discussion, Completing ultrasonographic forms - Online. Debates.	<p><b>Dr. Mihai IACOB</b></p> <p><b>Dr. Dana STOIAN</b></p>
18.10-18.25	15'	<p><b>Evaluation process and final discussion.</b>  <b>Issuing of Participation Certificates.</b></p>	Assessment Online PoC-US Survey	<p><b>Participants.</b></p>



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<b>Time</b>	<b>Duraton</b>	<b>Theme:</b>	<b>5th October 2019( Second Day)</b>	<b>Method:</b>	<b>Lecturers:</b>
8-9	60'	<b>Registration of the participants</b>		Registration of the participants	<b>EUVEKUS</b>
9.00-9.30	30'	<b>1. Basic principles of Strain Elastography in current medical practice and evaluation of the thyroid gland in primary healthcare.</b>		Short introduction. Lecture. General discussion. Practice examples.	<b>Dr. Mihai IACOB</b>
9.30-10.00	30'	<b>2. Introduction to the Thyroid Clinical Ultrasound. Techniques of thyroid ultrasonographic examination.</b>		Short introduction. Lecture. General discussion. Practice examples.	<b>Dr. Mihai IACOB</b>
10.00-10.15	15'	<b>Coffee break. Presentation about Liamed.</b>		<b>Coffee break.</b>	
10.15-10.45	30'	<b>9. Diffuse thyroid disease – clinical implications</b>		Lecture. General discussion. Practice examples.	<b>Dr. Dana STOIAN</b>
10.45-11.15	30'	<b>10. Nodular thyroid disease – ultrasound help in correct clinical judgment</b>		Lecture. General discussion. Practice examples.	<b>Dr. Dana STOIAN</b>
11.15-11.30	15'	<b>Coffee break. Presentation about Liamed.</b>		<b>Coffee break.</b>	
11.30-12.30	60'	<b>5. Hands-On Session. Six work units on Sonoscape Devices. Each participant will put his/her hand on the ultrasound probe and will execute standard sections and plans at the abdominal, pelvic and thyroid levels.</b>		Hands On Session, Practice examples, General discussion. Group discussion, Completing ultrasonographic forms - Online. Debates.	<b>Dr. Mihai IACOB</b>  <b>Dr. Dana STOIAN</b>
12.30-13.30	60'	<b>Lunch break.</b>		<b>Lunch break.</b>	



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13.30-14.00	30'	<b>Tips and Tricks in Thyroid ultrasonography.</b>	Lecture Practice examples General discussion	<b>Dr. Mihai IACOB</b>
14.00-14.30	30'	<b>Ultrasound differential diagnosis of inflammatory versus malignant adenopathies.</b>	Lecture. General discussion. Practice examples. Online Survey.	<b>Dr. Mihai IACOB</b>
14.30-15.40	10'	<b>Coffee break.</b>	<b>Coffee break.</b>	
15.40-16.20	40'	<b>Ultrasound semiology of diffuse and focal thyroid disorders. Diagnostic algorithm for thyroid nodules - Risk stratification in focal thyroid pathology.</b>	Lecture. General discussion. Practice examples.	<b>Dr. Dana STOIAN</b>
16.20-17.50	90'	<b>8. Hands-On Session. Six work units on Sonoscape Devices. Each participant will put his/her hand on the ultrasound probe and will execute standard sections and plans at the abdominal, pelvic and thyroid levels.</b>	Hands On Session, Practice examples, General discussion. Group discussion, Completing ultrasonographic forms - Online. Debates.	<b>Dr. Mihai IACOB</b>  <b>Dr. Dana STOIAN</b>
17.50-18.00	10'	<b>Coffee break. Presentation about GE and U/S in GE.</b>	<b>Coffee break.</b>	
18.10-18.25	15'	<b>Evaluation process and final discussion. Issuing of Participation Certificates.</b>	Assessment Online PoC-US Survey	<b>Participants.</b>

