

EFSUMB competency assessment sheet for rheumatologists

Core Knowledge Base - Level 1

Trainee _____

Affiliation _____

Normal joints	Date	Trainer signature
Shoulder		
Elbow		
Wrist		
Hip		
Knee		
Ankle		
Foot		
Pathology. Shoulder	Date	Trainer signature
Glenohumeral synovitis/effusion (B-mode and Doppler)		
Acromioclavicular abnormalities		
Biceps sheath effusion		
Biceps tendinopathy/rupture		
Rotator cuff calcification		
Rotator cuff full-thickness tear		
Rotator cuff partial-thickness tear		
Supraspinatus impingement		
Subacromial-subdeltoid bursitis		
Bone Erosions		
Osteophytes		
Other pathologies		
US-guided injections		
Pathology. Elbow	Date	Trainer signature
Synovitis (B-mode and Doppler)		
Extensor enthesopathy (B-mode and Doppler)		
Flexor enthesopathy (B-mode and Doppler)		
Triceps enthesopathy (B-mode and Doppler)		
Extensor tendinopathy/rupture		
Bone erosions, enthesophytes, osteophytes		
Other pathologies		
US-guided injections		
Pathology. Wrist and hand	Date	Trainer signature
Wrist synovitis (B-mode and Doppler)		
Wrist tenosynovitis (B-mode and Doppler)		
Metacarpophalangeal synovitis (B-mode and Doppler)		
Interphalangeal synovitis (B-mode and Doppler)		
Finger flexor tenosynovitis (B-mode and Doppler)		

Finger extensor paratenonitis (B-mode and Doppler)		
Wrist ganglia and cysts		
Finger flexor tendon cysts		
Bone erosions		
Osteophytes		
Other pathologies		
US-guided injections		
Pathology. Hip	Date	Trainer signature
Synovitis (B-mode and Doppler)		
Iliopsoas bursitis		
Gluteus enthesopathy/tendinopathy/rupture		
Trochanteric bursitis		
Osteophytes		
Other pathologies		
US-guided injections		
Pathology. Knee	Date	Trainer signature
Synovitis (B-mode and Doppler)		
Quadriceps enthesopathy (B-mode and Doppler)		
Patellar enthesopathy (B-mode and Doppler)		
Patellar tendinopathy/rupture		
Tendon/ligament/cartilage microcrystal deposit		
Prepatellar/infrapatellar bursitis		
Femoral cartilage damage		
Baker's cyst		
Enthesophytes		
Osteophytes		
Other pathologies		
US-guided injections		
Pathology. Ankle and foot	Date	Trainer signature
Tibiotalar/subtalar/talar synovitis (B-mode and Doppler)		
Metatarsophalangeal synovitis (B-mode and Doppler)		
Interphalangeal synovitis (B-mode and Doppler)		
Ankle tenosynovitis (B-mode and Doppler)		
Foot tenosynovitis (B-mode and Doppler)		
Tarsal ganglia		
Achilles enthesopathy (B-mode and Doppler)		
Achilles tendinopathy/rupture		
Retrocalcaneal bursitis		
Other bursitis		
Plantar fasciitis		
Bone erosions		
Enthesophytes, osteophytes		
Cartilage microcrystal deposit		
Other pathologies		
US-guided injections		